

BREAKFAST MENU

CONTINENTAL BREAKFAST BUFFET

Start your day right with a wholesome breakfast. Please help yourself to our fresh continental selection.



FULL ENGLISH BREAKFAST £10.00

Grilled bacon, pork sausages, pan-fried button mushrooms, grilled plum tomato, baked beans, hash brown, hogs pudding, toast and a St Ewe egg cooked to your liking.*

1069 kcal (*poached +77 kcal, fried +95 kcal or scrambled +192 kcal)

VEGETARIAN BREAKFAST £9.50 v

Quorn sausages, pan-fried button mushrooms, grilled plum tomato, wilted spinach, baked beans, hash brown, toast and a St Ewe egg cooked to your liking.*

736 kcal (*poached +77 kcal, fried +95 kcal or scrambled +192 kcal)

VEGAN BREAKFAST £9.50 vg

Scrambled tofu, Quorn sausages, pan-fried button mushrooms, wilted spinach, grilled plum tomato, baked beans, toast and hash brown. 791 kcal

EGGS BENEDICT £8.25

English muffin, ham, poached St Ewe eggs, topped with hollandaise sauce.

707 kcal

EGGS FLORENTINE £7.25 v

English muffin, wilted spinach, poached St Ewe eggs, topped with hollandaise sauce. 612 kcal

EGGS ROYALE £10.00

English muffin, smoked salmon, poached St Ewe eggs, topped with hollandaise sauce. 643 kcal

Adults need around 2,000 kcal per day

v - vegetarian / vg - vegan

Our allergen information is available on request. Please let your server know if you have any allergies or intolerances. We take steps to minimise the risk of cross-contamination when preparing your food, however, we do not have specific allergen-free zones in our kitchens. It is therefore not possible for us to guarantee separation of all allergens.

BREAKFAST BAP £6.50 v option

Buttered bap filled with bacon, sausage, hash brown and fried St Ewe egg. 753 kcal

SAUSAGE BAP £5.50 vg option

Buttered bap filled with two sausages. 570 kcal

BACON BAP £5.50

Buttered bap filled with two rashers of smoked back bacon. 503 kcal

SMOKED SALMON & SCRAMBLED ST EWE EGGS £9.00

Smoked Atlantic salmon, warm artisan baguette and St Ewe scrambled eggs. 496 kcal

AVOCADO & TOMATO SMASH £8.00 v

Warm artisan baguette topped with smashed avocado and tomato, and a poached St Ewe egg. 508 kcal

PANCAKE FRUIT STACK £8.00 v

Buttermilk pancakes, blueberries, strawberries, raspberries and Greek yoghurt, finished with honey and mixed chopped nuts. 540 kcal

BACON PANCAKES £8.50

Buttermilk pancakes, crispy smoked streaky bacon, and blueberries, drizzled with maple syrup. 698 kcal

OVERNIGHT OATS £6.00 v

Oats steeped overnight in almond milk and served with Greek yoghurt, honey, strawberries, raspberries and blueberries. 314 kcal

If you'd like to add extra items, please ask a member of our team for more information.



Adults need around 2,000 kcal per day

We have a separate menu available for guests looking to avoid gluten, please ask your server.

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